

Lesson #3	
Play Time	
Snack Time	
Lesson	I Can Pray to Heavenly Father
Gathering	If you're ready for our lesson, come sit down. If you're ready for our lesson, come sit down. If you're ready for our lesson, it will surely be a blessing. If you're ready for our lesson, come sit down.
Prayer	The little bunny hops without a care Hop hop hop hop hop (have the kids hop) Please tell her Shhhhhhhhhhhhhhh! (The kids Shhh with you) It's time for prayer. The little duck quacks without a care Quack! Quack! Quack! Quack! Quack! Please tell her Shhhhhhhhhhhhhhh! (Kids Shhh too) It's time for prayer. The little mouse squeaks without a care. Squeak! Squeak! Squeak! Squeak! Squeak! (kids squeak) Please tell him Shhhhhhhhhhhhhhh! (Kids Shhh too) <i>It's time for prayer.</i>
Picture	Christ praying Children praying - Our Heavenly Father
Game	Bag Game
Picture	Christ - In the name of Jesus Christ
Activity Verse	I begin by saying "Dear Heavenly Father"; <i>(raise one finger—keep fingers raised throughout the activity verse)</i> I thank him for blessings he sends; <i>(raise second finger)</i> Then humbly I ask him for things that I need, <i>(raise third finger)</i> In the name of Jesus Christ, Amen. <i>(raise fourth finger)</i>
Story	One day Enos went into the forest <i>(have the children hold up their arms and pretend to be trees)</i> to hunt animals <i>(have them pretend to shoot an arrow)</i> . While he was in the forest, he prayed to Heavenly Father <i>(have the children kneel as if praying; finish the story while they are kneeling)</i> . Heavenly Father answered his prayer, and Enos was happy. He knew Heavenly Father would bless him. Repeat with flannel board story

Scripture	Enos 1:4
Prayer	
Coloring/Craft	Flip Book Prayer Chart
Activities	